



## Newsletter November 2011 No 2

Dear Customers

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**Parasites and the Clarks Protocol**

Hulda Clark believed that all diseases were caused either by parasites or pollutants. She said she would find a parasite at the centre of all tumours.

To sort out the pollutant side of this problem look at her book "The Cure for all Diseases".

This is available free at our ComSci.org.uk site or if you prefer a real book to purchase at GoodVitality.com

[To buy Dr Hulda Clark's "Cure for all Diseases" goto GoodVitality.com and search 5211](#)

We all have parasites, we eat, we get parasites.

For most of the time we can live in harmony with our parasites however for some of us it becomes a health issue where the natural balance goes wrong.

So how do decide if your parasites have got out of control and growing too rapidly. Here are some signs to look out for:-

**Constipation:** Some worms, because of their shape and large size can physically obstruct certain organs.

**Diarrhoea:** Certain parasites, primarily protozoa, produce a prostaglandin (hormone like substances found in various human tissues) which creates a sodium and chloride loss that leads to frequent watery stools.

**Gas and Bloating:** Some parasites live in the upper small intestine where the inflammation they produce causes both gas and bloating. The situation can be magnified when hard-to-digest foods such as beans, raw fruits and vegetables are eaten. Persistent abdominal distension is a frequent sign of hidden invaders. These gastrointestinal symptoms can persist intermittently for many months or years if the parasites are not eliminated from the body.

**Irritable bowel syndrome:** Parasites can irritate inflame the intestinal cell wall, leading to a variety of gastrointestinal symptoms and malabsorption of vital nutrients, particularly fatty substances. This can create very odd stools.

**Joint and muscle aches and pains:** Parasites are known to migrate to encyst (become enclosed in a sac) in joint fluids, and worms can encyst in muscles. Once this happens it becomes painful and is often assumed to be caused by arthritis.

**Anaemia:** Some varieties of intestinal worms hook on to the lining of the intestines and then suck nutrients from the human host. If they are present in large enough numbers, they cause blood loss to resulting in a type of iron deficiency.

**Allergy:** Parasites can perforate the intestinal lining, increasing bowel permeability to large undigested molecules. This can stimulates the body's immune response to produce increased levels of antibodies which can attack the host's tissues.

**Skin conditions:** Intestinal worms can cause hives, rashes, weeping eczema, and other allergic-type skin reactions. Cutaneous ulcers, swellings and sores, popular

lesions, and itchy dermatitis can result from protozoan invasion.

**Granulomas:** are tumour-like masses that encase destroyed large or parasitic eggs. They develop most often in the colon or rectal walls but can also be found in the lungs, liver, peritoneum, and uterus.

**Nervousness:** Parasitic metabolic wastes are often toxic substances that can serve as irritants to the central nervous system. Restlessness and anxiety are often the result of the systemic parasite infestation. (After completing a herbal cleanse, many people swear that their persistently grouchy mates or relatives have become a lot more pleasant and patient. "The most famous tapeworm of recent years belonged to the late opera singer Maria Callas. She had a serious weight and skin problem. When the tapeworm was detected and removed, her weight dropped, her skin improved and her temperament mellowed," says Gittleman).

**Sleep disturbances:** Multiple awakening during the night particularly between 2 and 3 AM, are possibly caused by the body's attempts to eliminate toxic wastes via the liver. Sleep disturbances are also caused by nocturnal exits of certain parasites through the anus, creating the intense discomfort and itching.

**Teeth grinding:** abnormal grinding, clenching, and gnashing of the teeth - has been observed in cases of parasitic infection. These symptoms are most noticeable among sleeping children.

**Chronic fatigue:** Chronic fatigue symptoms include tiredness, flu-like complaints, apathy, depression, impaired concentration, and faulty memory. Parasites cause these physical, mental, and emotional symptoms through malnutrition resulting from malabsorption of proteins, carbohydrates, fats, and especially vitamins A and B-12.

**Immune Dysfunction:** Parasites depress immune system functioning by decreasing the secretion of immunoglobulin A (I&A). Their presence continuously stimulates the system response and over time can exhaust this vital defence system, leaving the body open to bacterial and viral infections.

### So what do you do if you think you have a parasite problem?

You need to do two things AT THE SAME TIME!

1. Treat your tissues by using a Clarks Zapper, the most powerful model you can get is our 5206 model.



[To buy Clark's EcoZapper goto GoodVitality.com and search 5206](http://www.goodvitality.com)

2. AT THE SAME TIME as 1 above, you need to clear parasites from you guts using the Clarks herb protocol. If you don't the parasites in your guts will re-infect your tissues.

[To buy Clark's Herbs goto GoodVitality.com and search 7007](http://www.goodvitality.com)

You need to do this protocol for about 12 weeks.

After that to reduce the risk of new parasite infection cleanse your food using ozonated water. Simply put your raw food that will not be cooked in to a bowl of cold water and ozonate for 10 minutes.

[To buy an ozonator goto GoodVitality.com and search 5030](http://www.goodvitality.com)

### Latest Video

Our latest video is surprisingly on Clark's Protocol check it out at: <http://www.goodvitality.com/clarks-protocol-47-c.asp> You will also find all the products mentioned!

