

---

**Welcome to the first Good Vitality newsletter of 2006!**

In this issue, we are going to concentrate on the Becks Protocol, using small and targeted amounts of electricity to revitalise the body. This edition will serve as a reference point for the hundreds of people already using the protocol and a useful instruction guide for those new to this amazing form of wellness-care.

In the years that I have been supplying Becks Protocol equipment to my customers, I have lost count of the number of testimonies I have received, all in awe of the Protocol. Whether treating specific ailments or used as a method of maintaining vitality, the Beck Protocol is infinitely adaptable.

Additionally, Good Vitality has recently been able to source Ozonator machines at a much reduced price - bringing the cost of the Becks Protocol to a much more affordable level.

I hope that you enjoy this special issue of the Good Vitality newsletter and that it serves as an essential reference in your continued pursuit of enduring good vitality.

---

**New! Ozonator machines come down in price!**

Thanks to substantial value-led research, Good Vitality has managed to source a supply of Ozonators at the incredible

price of £95 (plus shipping). These are equal in quality to the units previously supplied - the only difference is in the price!

Ozone is a principle part of the Becks Protocol, and without this, the Protocol is not as effective as it should be.

Ozone - or O<sub>3</sub> - is a naturally occurring form of elemental oxygen, most usually found at the coast or directly after lightning strikes. When introduced to the body in small amounts, it has been shown that ozone is extremely effective at removing a wide range of toxins from the system.

The science behind this process is remarkably simple. Ozone is formed of three single oxygen molecules, and as such is unstable (oxygen's preferred state being O<sub>2</sub>). When an ozone atom comes into contact with a bacteria or chemical compound, the extra oxygen atom breaks away and attaches itself to the foreign body - thereby leaving only oxygen as a by-product. In the body, ozonated water acts as a powerful detoxifier and anti-microbial agent.

Making ozonated water couldn't be easier either - simply connect the Ozonator to a power supply, insert the air stone into chilled water and leave it for two minutes near an open window. Once made, it is best to drink the ozonated water fresh, since the ozone will immediately begin to revert to oxygen and come out of the solution.

As the Becks Protocol (as described overleaf) releases toxins into the blood, Ozonation attacks them and allows them to be neutralised and passed through the liver and kidneys.

For further information, read the Becks Protocol overleaf or log onto [www.goodvitality.com](http://www.goodvitality.com) for purchasing information.

**February****2006**

# Special Feature -

## Giving ill-health a jolt!

In the following pages, we will provide a brief introduction to the history and workings of the Becks Zapper and the associated Protocols, before giving a simple to follow instruction guide on how to get the best from your Zapper.

All of the equipment used can be purchased from [www.goodvitality.com](http://www.goodvitality.com)

---

### **Stage One: Bioelectrifying - more commonly known as Zapping!**

Like so many things, the principles behind bioelectrification (Zapping) are not new. White blood cells have been Zapping viruses, bacteria and other pathogens since the first immune system evolved. All that the Becks Zapper does is take this natural process, power it up some and apply it directly to specific points in the body to maximise its effectiveness. Sounds simple? It is!

Many people suffer persistent, low grade infections or illnesses and some suffer more serious chronic complaints including Chronic Fatigue Syndrome or Post Viral Fatigue Syndrome. More often than not, these illnesses are caused by foreign viruses or bacteria/pathogens in the blood - and Zapping the blood will kill them off. Customers have reported feeling 'switched on' after just one session with the Zapper and have noticed a continued improvement in their condition with use of the full

protocol.

So let's look at how to use the Zapper properly as the first part of the Becks Protocol.

The Good Vitality Becks Machine is an easy device to use. Simply attach the electrodes to the ankle pulse points using biotabs and turn the unit on. Users will then feel a small 'thump' at each pulse point as the Zapper gets to work on the blood. This sensation is nothing to be concerned about, and the Zappers are adjustable, so the power can be turned down until the user is used to the sensation.

We recommend that users start off Zapping for 15 minutes per day, gradually building it up over time until they reach one hour a day. It is also best to Zap for three weeks and then have the fourth week off. This gives the body extra time to deal with all of the toxins released by the Zapping process.

As the Zapping Protocol moves forward, the body will slowly become clear of toxins and users will start to feel brighter, more full of energy and vitality.

---

### **Stage two - Colloidal Silver, health from the inside out.**

Colloidal Silver is an essential part of the Becks Protocol - and the good news is that you don't need a separate device to make it! The Good Vitality Becks Machine doubles as a Colloidal Silver maker at the flick of a switch. Just as the blood bioelectrification process is simple to carry out, making Colloidal Silver is equally easy!

As part of the Becks Protocol, Colloidal Silver assists in killing off foreign organisms from the blood and internal organs. Made in solution and then drunk, Colloidal Silver prevents the organisms from replicating, therefore providing a second line of defence against stubborn or persistent infections.

To make Colloidal Silver solution, users simply place the electrodes of the Becks Zapper in a beaker of purified water, and leave for 20 - 60 minutes, depending on the grade required. Since the Good Vitality Zapper puts out 37v, it is simple to make the highest grade of Golden Colloidal Silver for the ultimate healing properties.

# t h e   B e c k s   P r o t o c o l

Some people find that they require a probiotic (such as natural 'live' yoghurt) when using this part of the Protocol. This is nothing to be alarmed at - the Colloidal Silver makes little distinction between 'good' and 'bad' bacteria. However 'good' bacteria are easily replaced!

Many people have questioned this side effect to the treatment - but it is important to remember that the body should have no foreign organisms in it. And if the price of health is having to eat some natural yoghurt every week, it appears to be a price our customers believe is worth paying!

---

## **Stage three - Ozone, better than a trip to the seaside!**

We've already covered some of the work of the Ozonator on the first page of this newsletter, but it is truly an integral part of the Becks Protocol to ensure that it works at its maximum effect.

As the Becks Zapper and Colloidal Silver stages of the protocol kill organisms in the blood and system, the liver and kidneys need to be able to process the dead material. While they can eventually remove the material, it can take quite a period of time. Drinking ozonated water removes these toxins through a simple chemical reaction, allowing the liver and kidneys to process the waste matter much more efficiently.

When the ozone (O<sub>3</sub>) molecules pass into the blood stream through the walls of the gut, they come into contact with the dead matter produced by the first two stages of the protocol. On contact, the 'spare' oxygen atom breaks free from ozone and attaches itself to the blood-borne matter - leaving just oxygen and an oxidised compound. The liver and kidneys find these compounds much easier to remove from the blood stream than non-oxidised compounds, and so they are passed out through urine.

To make ozonated water, place the air stone in chilled water and turn the Ozonator on. Let it run for two minutes and then drink immediately.

## **Stage four - the Magnetic Pulser - pulsing your way to health**

The final part of the Becks Protocol is the use of a Magnetic Pulsar. While the Becks Zapper kills blood borne micro-organisms, it can not attack those which hide deeper in the tissues - typically the lymph nodes or areas with less prolific blood supplies.

The Magnetic Pulser emits a burst of energy to a localised area of the body and induces micro currents within the tissues themselves. This damages the surface of the micro organisms. Once damaged, these organisms are defeated by the body's own immune system and excreted through the liver and kidneys.

A number of patients using the Magnetic Pulser have reported that blood flow has improved to different areas of the body. This is because micro-organisms can cause poor circulation and, once damaged and defeated, the blood can flow properly. In fact, the Pulser can be used for a huge number of applications, from simple body detoxifying to combating the HIV virus.

Customers should use the Magnetic Pulser regularly, from daily to once a month depending on the symptoms and severity.

No matter where a micro-organism is hiding, the Magnetic Pulser can seek it out!



## New formulation of i-Lift gel

Our highly popular and sought after i-Lift Gel has recently undergone a significant reformulation to remove the previous preservative and replace it with an entirely natural product.

This means that i-Lift is now the COMPLETELY natural way to ensure that fine lines and wrinkles are eliminated for a period of up to seven hours. The many customers who have already put their faith in this revolutionary product have reported incredible, instant, results, meaning that beauty can be had, naturally, at a price that won't break the bank.

Supplied in a clear syringe, customers can get to every last drop of the gel without risking contamination from outside sources.

The 5ml syringe will last for up to 40 applications (or eighty different eyes if you wish to spread it around friends and family) and costs just £14.95 from [www.goodvitality.com](http://www.goodvitality.com)

Keep an eye on specialist magazines for the forthcoming national publicity campaign which will see the market penetration of i-Lift taken to a whole new level.

---

## Colloidal Silver sales strong, bacteria and fungus life expectancy weak!

The sales of Good Vitality's unique Colloidal Silver gel are still strong, with many customers seeking to fight off the winter infections. The Good Vitality gel contains in excess of 10 ppm (parts per million) silver, giving it unrivalled health benefits.

In clinical trials, Good Vitality has shown that it will inhibit the growth of yeast cultures more effectively than other agents, while killing the existing spores. Since it is hypoallergenic, it can be used by people of all ages, skin types and sensitivities.



The above pictures show the amazing effects of Colloidal Silver gel. E Coli and Staph albus culture have been grown on a plate, with drops of CS solution and CS gel applied. The clear patches are those where the bacteria have been unable to grow - demonstrating the anti-bacterial properties of Colloidal Silver, made with Good Vitality technology!

Colloidal Silver gel is available from the Good Vitality website - [www.goodvitality.com](http://www.goodvitality.com) - priced at £7.00 per 30ml jar, or £11 for 60ml.