

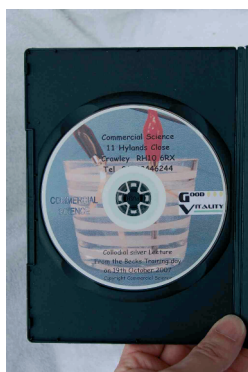
DEAR CUSTOMERS

In This Issue:

You might have noticed that from the 1st August 2009 prices have increased by 15%. This is due to Good Vitality becoming a limited company. We have become a limited company at the suggestion of our legal advisors in the light of increasing litigation especially from the USA. I am sure you will understand the reasons why. Where possible we have absorbed some increases.

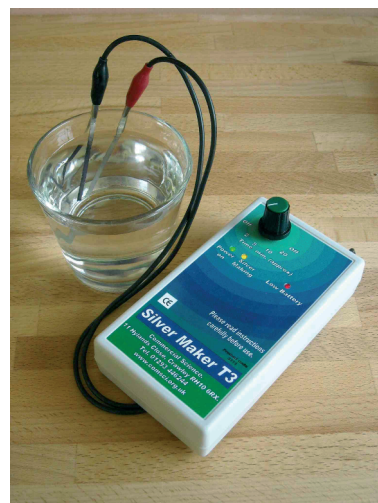
The Colloidal Silver Maker CST3.

You will be pleased to know that the new Colloidal Silver Maker CST3 (Product code 5111) has had a very successful launch and our manufacturing has caught up



with the high demand. We would like to say thank you to those customers who were very patient whilst waiting for delivery of their orders due to the high volume of demand during July.

We would like to remind customers that we have a 60minute DVD available on the making of colloidal silver. Price: £12.65 (Product code 5170).



The Beck's Training Day will be held on 31st October 2009.

The last training day was a huge success with people attending from all backgrounds. All coming along to find out more about the most effective ways to use the Beck's Protocol. You can also earn money as a Beck's Therapist. There are very few of us. You can book your place by visiting Becks Training Day. For information on how I work as a Beck's Therapist check out my website www.chris-hyslop.com



Swine flu - 10 times worse in the Autumn

Many customers have been asking what I do about swine flu to prevent or at least lower the risk of infection from my patients and visitors.

There are several levels of approach that I use and this is their order of priority

1) In my office I have an air ioniser between me and my patients. This puts ions into the air which helps to neutralise airborne organisms like viruses and bacteria etc. We have an economic model on Goodvitality.com for only £34.95 (Product code 7006)



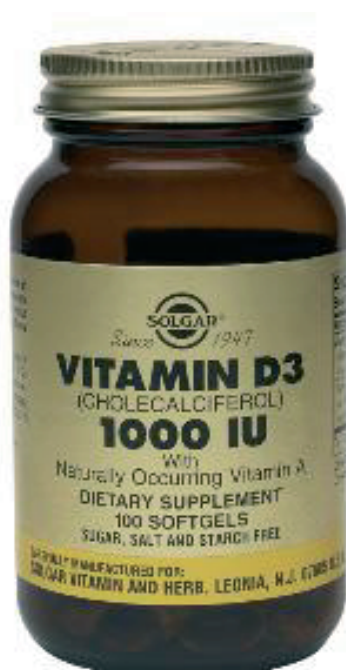
2) I routinely use a Colloidal Spray (Product code 5127) especially if I have just seen a patient with cold or flu symptoms. I spray it down into my throat at the same time inhaling. Remember you can re-fill your spray from the 200ml bottle (Product code 5126).

3) If the patient has been coughing and spluttering in front of me, after they have left I spray my face, ensuring some gets into my eyes. Because the virus can infect you via the eyes.

4) Finally, if I feel I am developing cold like symptoms I will nebulise (Product code 5163) and inhale 2 ml of Colloidal Silver 3 times per day.



The other simple recommendations are Nutritional; you should optimise your nutrition to ensure a healthy immune system, so here are my recommendations.



Vitamin D. During the summer months if you develop a very light sun tan (with out burning yourself) you will manufacture sufficient Vitamin D. From October onwards you might consider taking it as a supplement as your exposure to the sun decreases. This is also great for preventing SAD (seasonal affected disorder), as well as being essential for bone health (along with Vitamin K). Dose: 1000ug per day after main meal. (Product code 3340).

Zinc Picolinate. This is really helpful to wake up your thymus gland to stimulate its

production of white blood cells. There is little point in taking Echinacea if you are not taking Zinc. Dose: 22mg per day after main meal. (Product code 3725).

Echinacea. This will make your white blood cells more aggressive and produce antibodies rapidly to speed up your fighting response. Dose: 3 per day in between meals (yes, away from food).
(Product code. 4122).

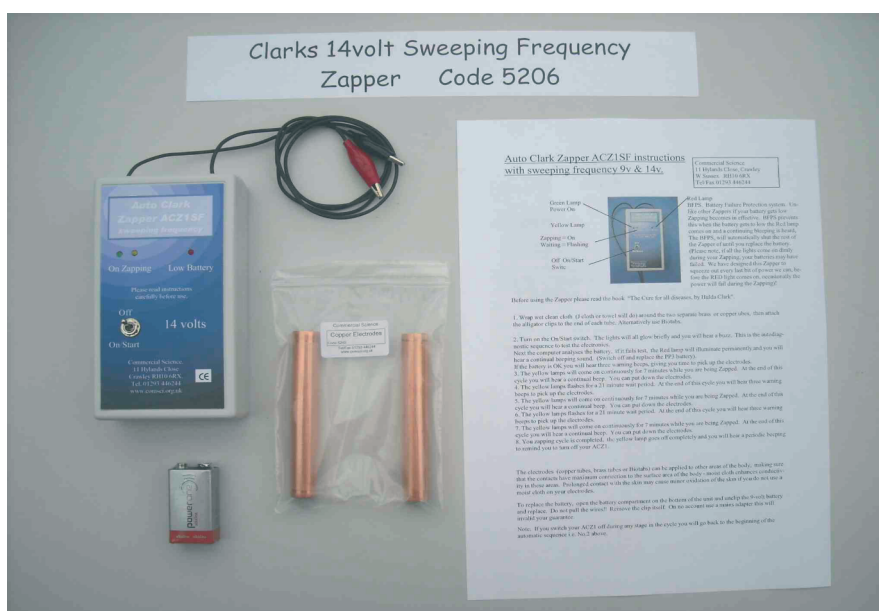
Tamilflu. The side effects are probably worse than the flu for most of us; so think twice before you use it.

Swine Flu Vaccinations. There are already reports from the USA that volunteers who have been vaccinated have died shortly afterwards. They are thinking in the USA of compulsory vaccination for all school children!! Let's hope they don't try that in the UK.



Warning. Hair RE – grows!

We have had reports from several customers who after using the Clarks Zapper (Product code 5206) on themselves and several of their animals that their hair started to re-grow. This has been a problem in hot climates. The most probable reason is that their immune systems are no longer compromised and so the skin receives more nutrition; hence hair re-growth.



Nutritional Analysis.

Over the last few months we have been working on a nutritional analysis program which you will be able to use online. We hope to have this up and running in about a month.

How it works:

You are asked a series of questions about your health. The program then uses a special series of algorithms (complex calculations) to work out what nutrients you are likely to be deficient. The program then has reports from Chris' patients telling you what they took when they got similar results to you. This helps you to select the most likely nutrients to help with your ailment(s). We are going to provide this free of charge. So keep an eye out for it on the web site; although we will tell you when it launched.