

Newsletter August 2011 No 1

Dear Customers

In this Issue: Our Health Creams, New Aura Cleanser Screen, how to order HCG, Lose 15lbs in 23 days.

Why are our health creams so good?

	
Nelsons Arnica Cream	GoodVitality Arnica Cream
Cost £6.35 (from Boots)	Cost £7.80
Strength 1%	Strength 5%
Volume 50ml	Volume 60ml
	So if we charged for active ingredient what Nelson charged it would cost £46.80 per jar!!!
Container Aluminium (we know about the potential toxic effects of Aluminium).	Container Brown Glass. Safe heavy and expensive.
Arnica Cream is the ideal first aid application, effective for all types of bruises resulting from injuries, knocks and falls.	Arnica Cream is the ideal first aid application, effective for all types of bruises resulting from injuries, knocks and falls.
Factory made.	Hand made and hand filled with care.

[Search for Code 5504 to buy our Arnica Cream](#)

The rest of our health cream are made at 5% strength and the creams are listed below along with their benefits.

Calendula cream



Asteraceae - Pot Marigold
For Rough skin, Cuts and grazes
Acne, Athlete's foot and Thrush,
Breast tenderness and sore nipples,
Nappy rash and Inflamed skin
rashes, Bites and stings, Nettle

rash, Wounds and Bruises.

Odourless, light yellow cream, easily absorbed.

Apply: Every few hours

Contains: Calendula officinalis plus base cream*

[60 ml To buy search for code 5502](#)

Comfrey cream

Boraginaceae - Comfrey or Knitbone

For Bruising, Fractures, Broken bones, Sprained ankles, Fissures and itchy anus, Acne, Boils, Stiff



and aching joints, Fungal skin infections

Odourless, light cream, easily absorbed

Apply: Three times a day

Contains: Symphytum officinale plus

base cream*

[60 ml To buy search for code 5528](#)

Dolichos cream



For Itchy skin, where there is NO rash.

Odourless, white coloured cream, easily absorbed.

Apply: Every two hours

Contains: Dolichos lablab plus base

cream*

[60 ml To buy search for code 5525](#)

Graphites 6x cream



For Wet eczema (a honey like discharge comes from the eczema), Dry skin, Hard, thick, brittle nails, Scar tissue.
Odourless, white cream, easily absorbed.

Apply: Four times a day

Contains: Graphites plus base cream*

[60 ml To buy search for code 5516](#)

Hypercal cream



Calendula Officinalis & Hypericum perforatum
For Healing wounds rapidly and Burns

It is important that

there is no dirt in the wound as it could be sealed in during the healing process

Odourless, light yellow cream, easily absorbed.

Apply: Four times a day

Contains: Hypericum, Calendula plus base cream*

[60 ml To buy search for code 5506](#)

Rhus Tox 6x cream



For Itchy rashes often starting with tiny blisters, Rheumatic joints and tissues, Heat rash.
Odourless, white cream, easily absorbed.

Apply: Four times a day

Contains: Rhus Tox plus base cream*

[60 ml To buy search for code 5514](#)

* Base cream contains: Aqua (water), Butyrospermum parkii (shea nut butter), Glycine soja (Soybean), Stearic acid (from shea butter), Glyceryl stearate (from glycerine), Cetyl Alcohol (from Coconut oil), Triethanolamine (emulsifier and surfactant), Cera alba (white bees wax), Phenoxyethanol Methylidibromo Glutaronitrile (preservatives)
All ingredients are organic where ever possible.

Go to comsci.org.uk/pdfs/HealthCreams.pdf for our creams guide

Stellaria cream



Chickweed

For Itching skin, Varicose ulcers, Nettle rash, Nappy rash.
Odourless, white cream, easily absorbed.

Apply: As needed

Contains: Stellaria Media plus base cream*

[60 ml To buy search for code 5511](#)

Tea Tree cream



Melaleuca Alternifolia -Myrtaceae

For Athletes foot, Ringworm, Acne and boils, Vaginal infections.

Tea tree should be regarded as a disinfecting-type cream. Healing a clean wound is best done with

Calendula.

A white cream, scented with tea tree, easily absorbed.

Apply: Four times a day

Contains: Tea tree oil plus base cream*

[60 ml To buy search for code 5520](#)

Witch Hazel cream



Hamamelidaceae Witch Hazel

For Haemorrhoids, Eczema, Varicose veins, Bruising, Prevents broken skin becoming infected.
Odourless, cream in colour, easily absorbed.

Apply: Four times a day or after bowel movements (For haemorrhoids)

Contains: Hamamelidaceae plus base cream*

[60 ml To buy search for code 5509](#)

Coming soon, New Aura B screen material

It is thicker and stronger and should last longer; yet it will not be any more expensive.



Ask for a free sample of it with your next order.

[To buy search for code 5321](#)

Ordering HCG Human chorionic gonadotropin

We have had lots of requests to tell you how to order HCG via the GoodVitality website.

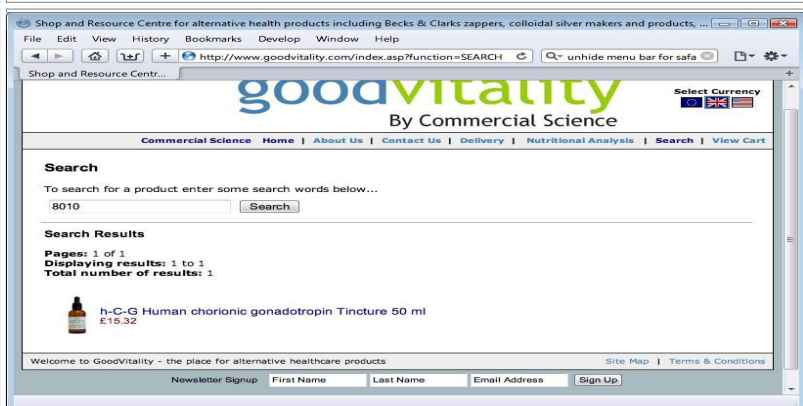
So go to www.GoodVitality.com and click on the Search button,



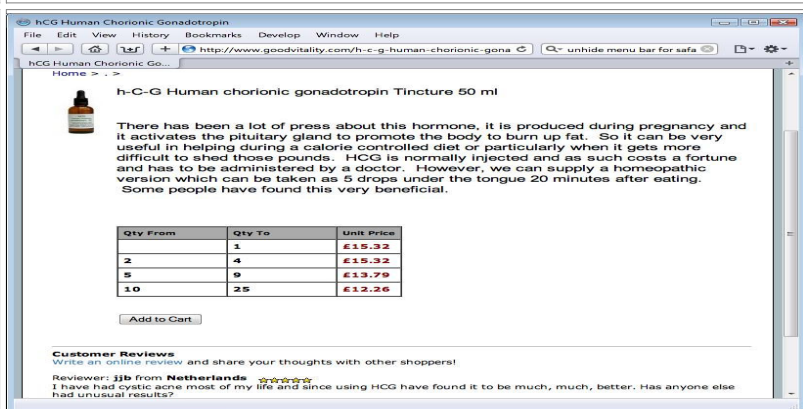
Now enter "8010" (the code for HCG)



This will then bring up the short version of the product



Click on the blue text "HCG Human chorionic gonadotropin Tincture 50 ml" this will then display the detailed product description with the "Add to Cart" order button.



Lose 15lbs in 23 days

The Dr Simeons diet claims you can lose up to 2 lbs per day.

He reports that with his dietary protocol you can lose 15 lbs in 23 days, but the protocol can also be used to lose 40 lbs in 34 days.

This is a very strict low calorie diet and you should really seek medical advice before undertaking this diet. But if you are healthy and have no heart problems you should be fine.

We include Dr Simeons Diet Sheet with every bottle of HCG we sell.