

## NEW PRODUCT Aura Cleanser



### THIS AURA CLEANSER

works in exactly the same way as the one featured in Nexus magazine August/September 2003 Vol 10 No.5. The last three pages of this newsletter are a copy of the Article from Nexus Magazine, (produced with kind permission of Nexus magazine) which is a very interesting read.

It can be used as a Mexistim where only output 1 is used and connected to a wire mesh which the patient lies on. It can also be used as a Lee Crock's early device where there are two meshes used one above and one below the patient, (both outputs are used one for each plate).

**THE BLUE BOX** contains four



lamps to indicate the following.

The green lamp shows that the mains power is on; this only supplies the timer electronics.

The yellow lamp is an electronic timer, which is counting 15 minutes intervals.

The  
will  
to  
the



red  
lamps  
swap  
round  
show

polarities have been reversed by the relay.

### INSIDE THE BATTERY

COMPARTMENT, it contains 5 pairs of battery holders for 10 D cells.

How you use the Aura Cleanser is entirely up to you; the article in Nexus gives you some suggestions.

### MESH SCREENS.

If you use the Crocks early Method (i.e. 2 screens) be very careful not to let them touch or you will short out and flatten the batteries. A current limiting device has been fitted to output 2 as a safety measure.

Ideas for your screen. You can use aluminium mesh, chicken wire or you can make a flexible screen by sticking aluminium foil on to sticky

backed plastic (Fablon).

As you will see from the article, the Aura cleanser has been used to treat all sorts of ailments from arthritis to cancer. We have only had this device on sale since the middle of October and have had some reports back already:-

### FEED BACK SO FAR

One lady said:- "The first thing that happened to me was a cold. I haven't had a cold in 20 years and have felt so much better since. Also about 1 year ago I had some contaminated water splashed in to my eye. After this a red eruption formed around my eye which has spread down the cheek. During the last year I have had several courses of treatment from my doctor with no effect, the eruption was getting worse. The Aura Cleanser has cleared this up in little over one week, also my squeaky

### MEASURE YOUR COLLOIDAL SILVER?

We are thinking of providing a new test for measuring your colloidal silver (only the type made with distilled water). The test kit would contain two bottles. One for the starting water, to test its purity and the second for your sample of colloidal silver. We would assess your colloidal silver by change conductivity. The cost of this test will be around £25. If you would be interested in using this test, please give us a call 01293 446244.

# Carbon D Cells for use in the Aura Cleanser.

Lee Crock feels quite strongly that Carbon cells give the best results in Aura cleansing because of the carbon molecule link.

When people started asking me about carbon cells, 6 weeks ago, I thought they would be easy to buy in your local supermarket. However, I have since found out that Zinc Carbon cells were replaced with Zinc Chloride cells many years ago. I thought it would be easy to get them from one of our electronic suppliers like RS components or Maplin Electronics, but neither of these were able to help. It took me the best part of three weeks to track down a source of Zinc Carbon D cells. They will last at least one year in your machine, if not longer, since they are not being actively drained. However, they will chemically break down as does everything with a shelf life!

They are sold as a pack of 10 cells for £12. This includes P&P in the UK. For prices outside the UK please call or email for shipping advice. 01293 446244 or chyslop@comsci.org.uk



## The New Strains of Flu are on the way!

Yes, we have all been warned that the Australian Flu virus and Korean Flu virus are coming to get us!

There have been several stories in our old newsletter about treating the flu, however, now is the time to repeat them so you know what to do if any of your friends or family are affected.

### COLLOIDAL SILVER.

I took a half pint glass of tap water grade colloidal silver (manufactured for about 2 mins), and drank this making sure to swill it around my mouth and then gargled before swallowing it. I did this at the first sign of any symptoms, i.e. tickly throat, tingling nose, or burning feeling behind the nose. I did not get any colds or flu despite being repeatedly exposed to people with colds and flu's in my surgery. SE female 45yrs



### IF YOU HAVE A BECKS ZAPPER.

I Zapped myself for 30 min per day and took Golden Colloidal Silver each day about 100 mls at a time. This cleared my flu up quickly and I was able to go back to work the next week, only taking three days off work. CC male 25yrs



NB. If you have a strong reaction to Becks Zapping, stop Zapping and wait for 1 week before recommencing.

### IF YOU HAVE A CLARKS ZAPPER.

Zap yourself in the normal way every day. In addition I took 20 drops of Echinacea tincture in water four times per day while symptoms are at their worse. According to studies I have read, Echinacea alone should halve your recovery time!!! In addition I took 3 grams of vitamin C per day, one gram with every meal. I recovered from the flu much faster than my work colleagues who even now have lingering chesty coughs.

SB Female 53yrs.



NB Remember it is more effective to take a herbal supplement like Echinacea on an empty stomach, preferably two hours after eating.

The above stories could help you to find a quick recovery from the flu but this last one is best of all.

Last year I had the Flu for the first time in 20 years and it really was the flu. (I passed the £50 note test; if there was a £50 note on your front lawn you would not be able to get up and get it if you really have the flu). I was in bed for 10 days before I could eventually muster enough energy and be pain free enough to get up. This

isn't the worse bit!!! The problem was the get up and go had completely gone. I felt glued to the bed each morning and found it impossible to get any energy back. I saw a homeopath, acupuncturist, reflexologist, nutritionist, took more supplements than I ever thought existed and spent a fortune. One day a friend of mine lent me a Becks Zapper. I remember it well. I used it for 1 hour on Thursday evening while watching the telly, thinking I must be mad. BUT, amazingly for the first time in 13 weeks I got up the next day with the alarm clock, I went to work and could think. I didn't fall asleep after lunch. I'd got my life back...my post viral fatigue had been Becks Zapped!!

CH 1995.

## Postal Rate Changes.

Postal rates have gone up dramatically in the last year. So we have had to review our shipping charges.

We are going to keep prices the same for the UK; shipping is free on all orders over £30, but for orders below £30 there is a charge of £3.

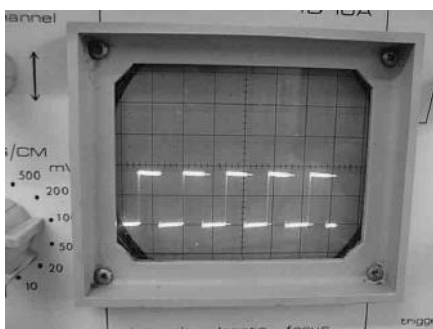
For orders in Europe and the rest of the world, we will have to individually quote for, and this will be done on a weight basis. We usually ship by International Standard rate with Parcelforce. For additional costs we can ship by International Data Post or Euro 48.

## Does your home-made Zapper Work?

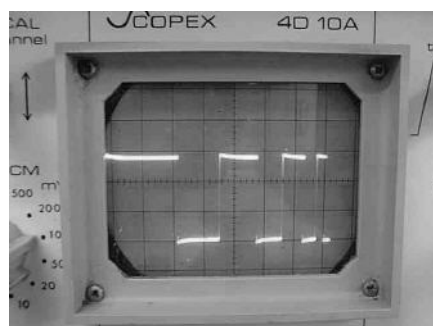
In the last month I have tested 3 home-made Clarks Zappers. One of them worked!!

One of those had been made and tested by an "expert", and although it had an output of 9v on a Avo meter; it was in fact not oscillating at all! When the customer said it had an output of nearly 9 volts I immediately suspected it wasn't working. Why I hear you ask, well a standard 9v Clarks Zapper should have measurable output of at most 4.5 volts on a voltmeter. This is because it is going on and off 32000 times per second, half of the time it is off, half of the time it is on; so half of 9v is 4.5v.

This is what the output looks like on an oscilloscope.



If you have a Sweeping frequency Zapper it becomes essential to measure



it on an oscilloscope to see if it is working.

## FREE TEST!

We offer to test your Zapper for free. To get a free test send your Zapper in a box (if you send it in a bag it will get damaged). You need to enclose the return postage to yourself. We usually test the day we receive it. You will get a brief report telling you if it is working

# Infected Toe Nails?

One of the questions I get asked a lot of times is how to get rid of infected nails. Frequently people say that they had been to the doctors, tried all sorts of creams and still the infection persists. To be honest it is a difficult problem to solve and requires determination on your part to solve it.

Why is it so difficult to get rid of? It is usually caused by a fungus that can actually grow in the nail itself, in bad cases the fungus will grow all the way up the nail and in to the nail bed itself. The nail usually grows thick and distorted, this is really difficult to get rid off. Now while the fungus had been busy growing in your nail its also spread to the leather in your shoes which it is happy to live in!

## SO HOW DO YOU GET RID OF IT?

### BOOST YOUR IMMUNE SYSTEM AS MUCH AS YOU CAN.

This is done by firstly, making sure you have an adequate supply of Zinc in your Diet. This is essential for your thymus gland to be able to make white cells. A very good source of Zinc is Solgars Zinc Picolinate (code 3725 100 tablets 22ug costs £7.49; lasts 100days)



Secondly take Echinacea 20 drops in a little water once per day on an empty stomach (2hours after eating). The Echinacea stimulates the white cells produced in your thymus gland to become more active killer cells. I would do this for the 90 days it will also help you recover quickly from any colds you may catch. A 50ml bottle of Echinacea costs £7.00 (there are approximately 2500 drops in the bottle).

## SPEED UP THE GROWTH OF YOUR NAILS.

If you imagine that fungus growing in your nail; if you can grow your nail faster than the fungus is growing you will grow the fungus out! To do this I suggest you take Solgars Skin Nails and Hair (code 1735, 60 tablets £8.19 you need 2 per day), this contains nutrients which really speed up the growth of your nails.



## MAKE THE FUNGUS' LIFE UNPLEASANT.

There are two things the fungus does not like, one is fresh air so take your shoes off as often as you can. Secondly, it does not like alkaline environments, so apply neat cider vinegar to the nail as often as you can.

## THE IMPORTANT BIT.

You need to do **all** of the above consistently for **at least three months**. If you are not consistent and treat yourself every day, the Fungus will start to grow back towards the nail bed and you are back to square one. So how much is it going to cost you, one bottle of cider vinegar £2, one bottle of Zinc Picolinate £7.49, one bottle of Echinacea £7.00 and

**SAVE £3 (P&P)**  
buy the whole kit  
3 x Skin Hair and Nails,  
1 x 50ml of Echinacea,  
1 x 100 tablets of Zinc  
Picolinate  
**All for £41.06 inc. P&P**



**BEFORE**

# After using D101 for 12 weeks



**AFTER**

These photographs were taken by her husband, and were provided to us without request!

For those of you who don't know about D101, these photographs illustrate what can happen in only 12 weeks. This particular lady was one of those who took place in our original clinical trial in 2001. There are now more people than ever that know about this secret. If you would like a leaflet on D101 cream please give us a call on 01293 446244.

## ***Herbs Important information***

In the UK, Herbs are sold as health foods and as such have to say on the Label take with food. However, when used medically it is far more **beneficial** to take a herb on an empty stomach, that's 2 hours after eating and then nothing to eat for another 30 min.

### What do they contain?

Capsules have to contain a certain weight of the powdered herb. However this bears no relation to how much of the **active component** is in that capsule, only how much of the powdered herb.

So if you want to be sure you are taking the active compounds in the herb you need to take **Standardised Herb**. Here the active components have been measured and are **guaranteed** to be in the capsule! Solgar make a range of standardised herbs, of course they cost more, but you know you are taking something that will have a **real affect**. Here is an example. There will be more in the next newsletter.

## **Ashwagandha**

*withania somnifera*

### **A) ANTI-INFLAMMATORY**

Researchers have shown in animal studies that ashwagandha exerts potent anti-inflammatory properties comparable to or greater than that seen with aspirin or hydrocortisone therapy (as potent as corticosteroids in acute inflammation, half as potent in chronic inflammation). This action seems to warrant its use in arthritic and other inflammatory conditions.

### **B) ADAPTOGENIC (ANTI-STRESS) AND ANTI-FATIGUE**

Ashwagandha increases tolerance to various stressors (e.g. mental, physical, environmental). Numerous studies show ashwagandha to be superior to even panax ginseng as an anti-stress adaptogen. Patients suffering from chronic fatigue syndrome reported a 45% improvement in symptom scores when using ashwagandha.

### **C) REGULATION OF IMMUNE SYSTEM**

Evidence suggests that ashwagandha may be able to both boost a weakened immune system and suppress an overactive one. The latter action would theoretically offer great potential in autoimmune disorders such as rheumatoid arthritis, multiple sclerosis, lupus, etc.

### **D) ANTI-MICROBIAL**

Researchers have shown the herb's active withanolides to possess significant anti-microbial (e.g. anti-bacterial, anti-viral, anti-fungal) activity. Numerous studies also refer to the cell-protective properties of withanolides.

### **E) CARDIOVASCULAR TONIC**

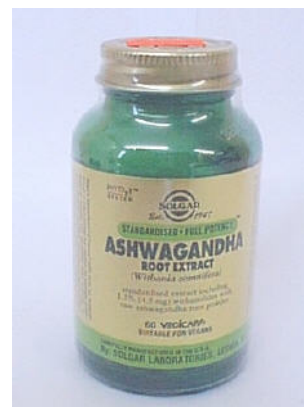
Withanolides have been shown to influence cardiac muscle contractility and to possess blood pressure lowering properties.

Potential applications of Ashwagandha:

- ◆ arthritis and other inflammatory conditions
- ◆ anti-stress
- ◆ auto-immune conditions
- ◆ viral/bacterial/fungal infections
- ◆ cardiovascular health
- ◆ chronic fatigue syndrome (ME)

**Principle actives:** Withanolides

**Contra-indications:** None noted.



Cost £13.39

60 vegicaps containing a guaranteed 1.5% Withanolides (4.5mg).

Product code: 4104

Suitable for Vegans

We would recommend you take it 2 hours after food and then nothing to eat for 30mins. Take two capsules per day and allow at least 12 weeks before you can expect great benefit.